

# Checklist for Preschoolers -A 5-

Occupational Therapy Department  
Scn-5

These activities are typical of a child who is 5 years old.

## ü P S

- ü Demonstrates a hand preference
- ü Grasps crayon with index, middle and long fingers
- ü Finger movement begins to direct pencil
- ü Copies square and triangle

## ü F M S

- ü Cuts out a circle with good accuracy
- ü Holds five pennies in palm of hand, brings them to fingertips one at a time

## ü P - S

- ü Identifies most letters of the alphabet
- ü Prints name and familiar letters from memory
- ü Copies all letters

## ü D S

- ü Puts on pull on garments correctly
- ü Ties a knot (tying shoe laces by age 6)

### A CH FOR THESE WARNING SIGNS

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|--|--|
| § Tires or gives up easily                   | § Directs pencil with whole arm movement |
| § Switches hands during cutting or colouring | § Avoids colouring or crafts             |
| § Resists messy play (glue, finger-paint)    | § Clumsy with small objects              |
|  | § Needs to change activities frequently  |
|  | § Avoids letters and numbers             |

\*\* If you have concerns about your child, an occupational therapist (OT) can assess his/her development in these areas. The OT will